

FACULTY PROFILE



Keith Cash BA MSc PhD RN



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Professional Summary

Keith Cash is Professor of Public Health Practice with extensive experience in the UK, Canada, Pakistan, Lebanon and Syria working as an academic and consultant in health care. Prior to coming to Kuwait University he was professor and Dean of the School of Nursing and Midwifery at the Aga Khan University in Pakistan. He has taught at the American University of Beirut, the universities of Salford, Durham and Leeds Metropolitan in the UK and Memorial University in Canada. His last post in the UK was a joint appointment between the National Health Service Community and Mental Health Trust in Leeds, which provided primary health care, public, community and mental health to a population of nearly 1 million. He developed a unique practice based research unit in the Trust. Since coming to the Middle East in 2004, he has worked with the WHO, UNFPA and EU in Syria, as professor of nursing in the American University of Beirut as well as a visiting professor to the Centre of Applied Health Research at Memorial University in Canada.. A graduate of the University of Manchester, he has published in the areas of the philosophy of health, men's health, professional education, nursing education and mental health.

Education and Training

PhD from the University of Manchester in the UK with undergraduate education in psychology and a masters in advanced social and educational research methods. He is also a Registered General Nurse and a Registered Mental Health Nurse (UK).

Research Interests and Selected Publications and Presentations

Research interests include the philosophy of health and education and the following:

Masculinity and its impact on Health

Why do men seem to die earlier and be more prone to than women to many non gender-specific diseases in many countries?

White A.K. and Cash K. The state of men's health across 17 European countries. Brussels: The European Men Health Forum, 2003, p. 157. isbn: 1-898883-94-7

White A.K. and Cash K. "The state of men's health across Europe." Men Health Journal 2 (2003), pp. 63–65.

White A.K, Cash K, and Conrad D. The Bradford and Airedale Health of Men Initiative: a study of its effectiveness in engaging with men. Tech. rep. Centre for Men's Health, Leeds Metropolitan University, UK., 2008.

White A.K., and Cash K. "The state of men's health in Europe." *Eurohealth* 9.2 (2003), pp. 28–31.

Cash K. Men's Health in Europe, American University of Beirut, Mar. 2007

Cash K. If men are so tough, why do they die so young?, Faculty of Medicine, Memorial University, Feb. 2006

White A.K. and Cash, K. "The state of men's health in Western Europe". In: *Journal of Men's Health and Gender* 1 (2003), pp. 60–66.

Chronicity and care

How do people adapt to chronic conditions especially mental illness, diabetes and becoming inform through age?

Shu-Chen Wu, White A.K. and Cash, K.. "Nursing home care for older people in Taiwan: a process of forced choice". In: *J Clin Nurs* 18.14 (2009), pp. 1986–93.

Paley G., and Cash K. Risk Commentaries in mental Health 1. Risk of violence in people with mental health problems. *Foundation of Nursing Studies*, London, 2001. isbn: 0-9540091-2-6. G.

Paley G., and Cash, K. Risk Commentaries in mental Health 2. Risk of suicide by people with mental health problems. *Foundation of Nursing Studies*, London, 2001. isbn: 0-9540091-3-4.

Marland G, and Cash K. "Long Term Illness and Patterns of Medicine Taking: Are People with Schizophrenia a Unique Group?" In: *Journal of Psychiatric and Mental Health Nursing* 8.3 (2001), pp. 197–204.

Marland G, Cash K. "Medicine taking decisions: Schizophrenia in comparison to asthma and epilepsy." In: *Journal of Psychiatric and Mental Health Nursing* 12.2 (2005), pp. 163–72.

Closs S.J., et al. "A comparison of five pain assessment scales for nursing home residents with varying degrees of cognitive impairment." In: *J Pain Symptom Management* 27.3 (2004), pp. 196–205.

Closs S.J, Cash K, Barr, and M Briggs. "Cues for the identification of pain in nursing home residents." In: *International Journal of Nursing Studies*. 42.1 (2005), pp. 3–12.

Lewis, R and Cash K. The experiences of newly diagnosed diabetic men, Royal College of Nursing Research Conference, April 2002,

Lewis, R, Cash, K, White, A. The use of negotiation as a theoretical framework for understanding adaptation and coping in men with type 2 diabetes, Diabetes UK Annual Professional Conference 19-21 March 2003